

GIRDHARI LAL DOGRA MEMORIAL DEGREE COLLEGE, HIRANAGAR

QUALITY REPORTER-(SEPTEMBER-OCTOBER, 2022)

# THE QR



INTERNAL QUALITY ASSURANCE CELL

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*FROM THE  
DESK OF  
THE PRINCIPAL*

The Internal Quality Assurance Cell of Girdhari Lal Dogra Memorial Degree College, Hiranagar was formed with the vision to channelize the efforts and measures of the Institution towards academic excellence and progress. Envisioned as an embedded function of the College, the IQAC harnesses synergies from all its constituent units including the stakeholders of the College. As a part of its mandate of developing an all-encompassing quality culture in the college, the IQAC plays a greater role in congregating the institutional effort for quality.



**Dr. Pragya Khanna**

A good quality education is one that fosters challenging academic environment, unrestrained scientific inquiry, critical thinking, innovation, and creativity. To meet these attributes an institution needs to have dedicated and talented teachers, extracurricular and outreach activities, great infrastructure and a wide range of courses. Over the past few years, the College has made a conscious effort to develop into a quality institution by concentrating on these areas and is currently forging ahead with great zeal.

The task of the Internal Quality Assurance Cell (IQAC) is to periodically review the institution to maintain and improve its quality and efficiency. A systematic feedback and analysis from its stakeholders mainly students, teachers, non-teaching staff, parents and society can set new quality benchmarks for the sustained growth of the institution. IQAC in our college has been striving hard to achieve this goal and to this effect, our staff and students have conducted several activities and programmes. I am glad that IQAC is bringing out this newsletter which will serve as a conduit in spreading the current status, efficiency and productivity of the institution.

I appreciate the commendable efforts of students and staff of the College and congratulate them on the publication of this newsletter QR.

With best wishes,

A handwritten signature in blue ink, appearing to be 'Pragya Khanna'.

**Dr. Pragya Khanna**  
Principal

## CO-ORDINATOR'S NOTE

As an in-campus quality structure, the Endeavour of College IQAC has been to institutionalize quality in all the spheres; academics, internal assessment, infrastructure, sports, support service to students and integration of technology in teaching -learning. The objective is to create a vibrant academic culture and also encourage academic exchange programmes through collaborative linkages.



Quality is a holistic concept and requires multifarious activities for achieving excellence. Restructuring of academic processes, progressive introduction of technology based teaching pedagogies, using the related LMS (Learning Management System) software, access to e – resources for both faculty and students, strengthening of technology supported infrastructure, up scaling the students' support services on campus and reviewing the relevance of the courses are assuming greater significance in the process of quality promotion.

Quality is becoming the defining element in the higher education in the light of globalization of education, and knowledge based society powering the economic growth. This calls for a paradigm shift in our approach from inertia to a vibrant functional planning.

The publication of The **QR**, a quality related newsletter by IQAC is an effort to reach out to stakeholders with the quality related information to elicit the suggestions for further improvement and covers events organized during August, 2022. We are grateful to College administration, faculty, and non-teaching staff for making quality promotion a collective Endeavour

A handwritten signature in black ink, appearing to read 'Sujat Khan' with a stylized flourish at the end.

Mr. Sujat Khan

Coordinator, IQAC

## EDITOR'S NOTE

It is with immense pleasure that I am given the opportunity to work on the third edition of the QR-IQAC newsletter. As we all know, a newsletter mirrors a college – its vision and mission. It also highlights events, activities, academic prowess and achievements. Proper communication plays a vital role in institution's development.



This newsletter will serve to reinforce and allow increased awareness, improved interaction and integration among all of us. This newsletter is intended to be published in a year. This volume is a brief account of the important events held in the month of September-October, 2022. This is only a step towards a long journey. Girdhari Lal Dogra Memorial Degree College Hiranagar under the supervision of Dr. Pragya Khanna Principal of the College has successfully adapted to the challenges during the NAAC accreditation process.

I extend my heartiest thanks to all the staff members and students who helped me in bringing out this edition of “QR-IQAC Newsletter”.

A handwritten signature in blue ink, which appears to read 'Parveen Sharma'. The signature is stylized and cursive.

**Mr. Parveen Sharma**  
Assistant Professor

## VISION

An effective vision statement is vital to a strategic planning process. A vision statement describes what an institution aspires to become in future and the value it enshrines. To educate, empower and make the individual and human resourceful, GLDM Degree College, Hiranagar has the following vision:

1. To educate, empower and make the human enlightened.
2. To attain higher level of access and excellence in the Higher Education system of rural border belt, with greater efficiency, transparency and responsiveness.
3. To explore and nurture the hidden talent of rural students in general and girls in particular.
4. To disseminate knowledge and wisdom among students so as to make them responsible citizens of the country.

## MISSION

A mission is fundamental to strategic planning. It is an assertion of the Institution's purpose and should easily define its ideals as well as the services provided to various stakeholders. It reflects institution's financial planning, budgeting, staffing and academic programming. The mission statement speaks volumes about aims and goals of an institution. The mission of GLDM Degree College Hiranagar is:-

1. To promote quality education through continuous effort, conviction and commitment.
2. To empower women and enable them to rise above all constraints.
3. To introduce innovative courses which strengthen educational inputs for the betterment of the society and enable our students to face challenges of life effectively.
4. To develop all round personality of students through various curricular and co-curricular activities.

## INSTITUTIONAL CORE VALUES

The institute takes much efforts and interest to empower education on moral and ethical values.

1. Symposia and guest lectures on relevant topics to sensitize the girl students are organized.
2. Gender sensitization committee has been framed in the college to look after the gender related issues.
3. The college organizes various programmes to create awareness among students on campus and involve them in maintaining Eco-friendly environment.
4. The college regularly organizes/celebrates National festivals, birth and death anniversaries of the great personalities. A programme is organized on the birth anniversary of Mahatma Gandhi Ji every year. The Independence Day and the Republic Day are also celebrated very passionately.
5. The external auditor verifies income and expenditures of various financial aspects.
6. The institution strives hard to provide a best place to work to the faculty members.
7. It aims to ensure production, security, cultural and social development, welfare measures and conducive Environment, and offers opportunities for all according to their ability without Discrimination

## OBJECTIVES

1. To develop the conative and cognitive abilities of the students.
2. To give technological acumen and make them self-reliant.
3. To introduce job-oriented courses.
4. To develop resourcefulness in the students of downtrodden sections of the society.

## IN PURSUIT OF EXCELLENCE

In pursuance of its Action Plan for performance evaluation, assessment and accreditation and quality up-gradation of institutions of higher education, the National Assessment and Accreditation Council (NAAC), Bangalore proposes that every accredited institution should establish an Internal Quality Assurance Cell (IQAC) as a post-accreditation quality sustenance measure. Since quality enhancement is a continuous process, the IQAC will become a part of the institution's system and work towards realisation of the goals of quality enhancement and sustenance. The prime task of the IQAC is to develop a system for conscious, consistent and catalytic improvement in the overall performance of institutions. For this, during the post-accreditation period, it will channelize all efforts and measures of the institution towards promoting its holistic academic excellence.

The work of the IQAC is the first step towards internalization and institutionalization of quality enhancement initiatives. Its success depends upon the sense of belongingness and participation it can inculcate in all the constituents of the institution. It will not be yet another hierarchical structure or a record-keeping exercise in the institution. It will be a facilitative and participative voluntary system/unit/organ of the institution. It has the potential to become a vehicle for ushering in quality enhancement by working out planned interventionist strategies to remove deficiencies and enhance quality like the "Quality Circles" in industries.

## FUNCTIONAL DOMAIN OF IQAC

Some of the functions expected of the IQAC are:

1. Development and application of quality benchmarks/parameters for various academic and administrative activities of the institution.
2. Facilitating the creation of a learner-centric environment conducive to quality education and faculty maturation to adopt the required knowledge and technology for participatory teaching and learning process.
3. Arrangement for feedback response from students, parents and other stakeholders on quality-related institutional processes.
4. Dissemination of information on various quality parameters of higher education.
5. Organization of inter and intra institutional workshops, seminars on quality related themes and promotion of quality circles.
6. Documentation of the various programmes/activities leading to quality improvement.
7. Acting as a nodal agency of the Institution for coordinating quality-related activities, including

adoption and dissemination of best practices.

8. Development and maintenance of institutional database through MIS for the purpose of maintaining /enhancing the institutional quality.
9. Development of Quality Culture in the institution.

## **BENEFITS**

IQAC will facilitate / contribute to:

1. Ensure heightened level of clarity and focus in institutional functioning towards quality enhancement;
2. Ensure internalization of the quality culture.
3. Ensure enhancement and coordination among various activities of the institution and institutionalize all good practices.
4. Provide a sound basis for decision-making to improve institutional functioning.
5. Act as a dynamic system for quality changes in HEIs.
6. Build an organized methodology of documentation and internal communication.

## **STRATEGIES**

IQAC shall evolve mechanisms and procedures for

1. Ensuring timely, efficient and progressive performance of academic, administrative and financial tasks.
2. The relevance and quality of academic and research programmes.
3. Equitable access to and affordability of academic programmes for various sections of society.
4. Optimization and integration of modern methods of teaching and learning.
5. The credibility of evaluation procedures.
6. Ensuring the adequacy, maintenance and proper allocation of support structure and services.
7. Sharing of research findings and networking with other institutions in India and abroad.

# ACTIVITIES AT A GLANCE (SEPTEMBER-OCTOBER, 2022)

## 5 DAY LONG EVENTS HELD IN VIEW OF TEACHERS DAY 2022

Teachers Day 2022 was celebrated at GLDM GDC Hiranagar by organizing events consecutively for five days starting from the day of the birthday of Sarvapali Radhakrishnan i.e. 5th September. On the first day Faculty members were felicitated by the principal of the college with the certificates of appreciation. Second day begun with variety of cultural programmes followed by debate competition and book reading competition held on the following days. The programme culminated with a scintillating dance and singing performance by the students.

### GLDM degree college Hiranagar celebrated Teacher's day 2022

EARLY TIMES REPORT

JAMMU, Sept 5: To commemorate the birth anniversary of former president of India Dr. Sarvapali Radhakrishnan, G.L.D.M. Degree College Hiranagar celebrated Teachers day on 5th September 2022 to thank its Teaching faculty for their commitment towards teaching. The teachers day was organised with incredible Gusto and Zeal by the student's of G.L.D.M. Degree College. The programme commenced with the lighting of traditional lamp and floral tribute to the great educationist Dr. Sarvapali Radhakrishnan, by principal of the college Dr. Pragma Khanna, the Chief Guest on the occasion along with all the faculty members. Teachers play a major role in making their students responsible citizen of tomorrow and good human beings. Hence to express their gratitude a wide range of activities were organised on this occasion. There was a solo performance of



Teachers, students pose for group photograph.

Sparsh of B.A. Sem-4th. Under-graduate of Appreciation. Principal of the College, Dr. Pragma Khanna in her presidential address appreciated the students for organising the programme well. A webinar was also organized under the title "VICHAR" in which Dr. Balwant Thakur was the Resource person. He expressed his thoughts regarding the importance of Theatre. The whole Programme was organized under the able guidance of Dr. Pragma Khanna worthy Principal of the College.

### Book reading, debate competition held

TNN BUREAU

KATHUA: Five Day Programme was organized to celebrate Teachers' Day at Government Girdhari Lal Dogra Memorial Degree College Hiranagar which witnessed a series of activities. On the first day, faculty members were felicitated by the Principal of the college with the certificates of appreciation. The second Day witnessed a variety Cultural programme and different games like musical chair, picking of slips, lemon race, skit on the role of teacher etc for teachers. On Day three a Debate Competition was organized in which



Tania bagged 1st position, Ganakshi stood 2nd and Reema clinched 3rd position. Jury Members were Sujat Khan, Gurdayal, Arun Kumar. The Book Reading Competition

was organised on day four in which Sushil Rana bagged First position, Mansi bagged 2nd and Payal Jasrotia bagged third position, while Meenakshi got consolation

prize. Jury members were Rajesh Sharma, Neeru Devi Anand, and Preeti Verma.

On the last day of celebration, students presented a scintillating dance and Singing programme.

Certificates were distributed among the winners and participants. The Programme was organised under able guidance of Dr Pragma Khanna, Chief Patron and Principal of the College. Others present on the occasion were Parveen, Ajay, Manjot, Bhavana, Anju, Jyoti, Kiran, Chinly, Ritika, Arun, Arvind, Anil, Nidhi, Arun, Neha, Kamlesh, Bharat, Mukesh, Ritu and Vikram.



## 13<sup>TH</sup> ONLINE LECTURE UNDER THE SERIES OF MANTHAN

Department of Music in Collaboration with the Department of Sociology and Department of Physical Education and Sports organised 13<sup>th</sup> online lecture under the series named Manthan which is being held on Saturday of every week since June 2022. The lecture was delivered on the the Musical Instruments Making in West Bengal by Swarup Biswas Talukdar. The lecture was attended by students, staff members and music lovers from different regions of India.

## 13th online lecture under 'Manthan' series held in Hiranagar

■ TNN BUREAU

**HIRANAGAR:** Department of Music Govt GLDM Degree College Hiranagar organised 13th online lecture under the series titled "Manthan". The idea of online lecture series from Jammu and Kashmir to Kanyakumari were planned to be executed on a weekly basis from the month of June 2022 onwards. The programme is regularly being held under the aegis of Ek Bharat Shreshtha

Bharat and Azadi Ka Amrit Mahotsav @75. The lecture for this week featured Swarup Biswas Talukdar who spoke on the topic "Musical Instrument Making in West Bengal". The Chief Guest of the programme was Prof Pragya Khanna Principal of the College. She highly appreciated the idea of the series of online lectures by the Department of Music every week. The resource person for the lecture Swarup Biswas Talukdar is a very

famous Instrument maker of West Bengal. His brand Swarup's has been acclaimed by many famous vocalists across the globe. He in his lecture described in detail the process of instrument making from the very beginning. Talukdar described in detail the manufacturing process of Swar Mandal and Harmonium by his brand. He also talked about the other instrument makers and the future of instrument makers in the country.

## ONLINE INTERACTION WITH PADMASHIRI BALWANT THAKUR

Padmashiri Balwant thakur, Director of Indira Gandhi Centre for Indian Culture, High Commission of India Mauritius was the resource person for the lecture on Role of theatre in Education. The lecture was organised by the department of Music, Sociology and Physical education and sports of GLDM GDC Hiranagar. Balwant Thakur in his address expressed that theatre is an important institution of the society. Theatre boosts confidence of the individual as well as helps in career building of the individuals.

## GDC Hiranagar hosts interaction with Padmashri Balwant Thakur

■ STATE TIMES NEWS

**HIRANAGAR:** Padmashri Balwant Thakur, Director of Indira Gandhi Centre for Indian Culture, High Commission of India, Mauritius expressed his views on "the Role of Theatre in Education" in an online programme "Vichaar" organised by Department of Music, GLDM GDC Hiranagar. The programme was organised under the patronship of Dr. Pragya Khanna, Principal of the College. The programme began with the formal address by Dr. Bharat Bhushan followed by welcome of the dignitaries by the Principal of the College. Balwant Thakur in his address expressed that the

acting career of an individual but also in the general outlook and improvement of an individual. Every society irrespective of the culture and tradition has to be proactive towards promotion for the same so that it could be passed on to the next generation. He further added that NCERT has also included some drama courses in the upcoming courses. He also enumerated a number of students from the background of theatre who have been appointed to important positions in state and central level administration. He said that theatre should be studied as a course not only because of the interest of students in acting but also for the general understanding of the

Yaseen, Prof. Lawanaya Kirti from Bihar, Sh. Sanjay Kumar Choudhary from Jharkhand, Prof. Renu Sehgal from GCV Gandhi Nagar, Prof. Yash from GDC Udhampur, Advocate Dharmvir from District Court Samba, Dr. Nishtha Sharma and Prof. Asha Rani, Govt. MAM College, Jammu, Prof. Neha Bhagat, Dr. Arun Kumar, Dr. Mukesh Kumar, Prof. Bhavana Jamwal, Mr. Vikram Jamwal, Prof. Shujat Khan, Prof. Kiran Thapa, Prof. Arun Kumar, Prof. Rajesh Sharma, Dr. Anju Rani, Dr. Jyoti Rani, Dr. Usha Rani, Prof. Ajay Sharma, Prof. Manjot Singh and many more. The programme concluded with the formal vote

## GDC Hiranagar hosts theatre interaction with Padmashri Balwant Thakur

EARLY TIMES REPORT

**HIRANAGAR,** Sept 5: Padmashri Balwant Thakur the Director of Indira Gandhi Centre for Indian Culture, High Commission of India, Mauritius expressed his views on "the Role of Theatre in Education" in an online programme "Vichaar" organised by Department of Music, GLDM GDC Hiranagar. The programme was organised under the patronship of Dr. Pragya Khanna, Principal of the College. The programme began with the formal address by Dr. Bharat Bhushan followed by welcome of the dignitaries by the Principal of the College. Balwant Thakur in his address expressed that theatre is an important institution of the society. Theatre boosts confidence of the individual as well as helps in career building of the individuals. People everywhere and particularly those involved with acting should be proactive to understand and learn this art. He further said that theatre not only aids in the acting career of an



screenshot of virtual interaction

individual but also in the general outlook and improvement of an individual. Every society irrespective of the culture and tradition has to be proactive towards promotion for the same so that it could be passed on to the next generation. He further added that NCERT has also included some drama courses in the upcoming courses. He also enumerated a number of students from the background of theatre

who have been appointed to important positions in state and central level administration. He said that theatre should be studied as a course not only because of the interest of students in acting but also for the general understanding of society and culture. The programme was attended by scholars, administrators and staff members and students of the college and outside the college. The programme was organised together with the Department of Physical Education and Sports in consultation and support of Prof. (Dr.) Pragya Khanna, Principal of the college.



## 14<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music in Collaboration with the Department of Sociology and Department of Physical Education and Sports organised 14<sup>th</sup> online lecture under the series named Manthan which is being held on Saturday of every week since June 2022. The topic of the lecture was on tradition of hindustani Classical Music of Goa and the lecture was delivered by Mr. Rupesh Kashinath Gawas. Mr. Gawas is an acclaimed Musician of Goa who has received many titles and awards including Ustad Bismillah Khan Yuva Puraskarm. The lecture was attended by students, staff members and music lovers from different regions of India.

جی ایل ڈی ایم ڈگری کالج ہیرانگر کی جانب سے چودھویں آن لائن مینٹن لیکچر کا انعقاد

گوا کے روپیش کاشی ناتھ گوان لائن لیکچر میں شامل ہوئے



لازوال ڈیسک  
ہیرانگر جی ایل ڈی ایم ڈگری کالج ہیرانگر نے مینٹن کے سلسلے میں 14<sup>ویں</sup> آن لائن لیکچر کا انعقاد کیا۔ اس لیکچر کا موضوع گوا کی ہندوستانی کلاسیکی موسیقی کی روایت اور اس کی ترقی و نمو تھی۔ لیکچر کے سلسلے میں گوا کے روپیش کاشی ناتھ گوان نے لیکچر دیا۔ ان کی تقریر میں گوا کی کلاسیکی موسیقی کی روایت اور اس کی ترقی و نمو کے بارے میں تفصیلی بات چیت ہوئی۔ لیکچر کے دوران گوا کی کلاسیکی موسیقی کی روایت اور اس کی ترقی و نمو کے بارے میں گفتگو کی گئی۔ لیکچر کے اختتام پر گوا کے روپیش کاشی ناتھ گوان نے لیکچر دینے پر شکر اظہار کیا۔

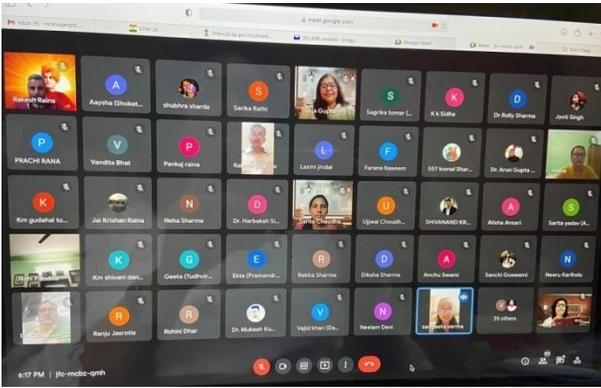
### Govt. GLDM Degree College Hiranagar organizes 14th online lecture under 'Manthan'

**STATE TIMES NEWS**  
Hiranagar, Department of Music Govt. GLDM Degree College Hiranagar organised 14th online lecture of 'Manthan' which is a series of online lectures on the topics related to music and art from Jammu and Kashmir to Karnataka. The programme was held under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka Amrit Mahotsav @75. The lecture was on the topic Tradition of Hindustani Classical Music of Goa. The Chief Guest of the programme was Prof. (Dr) Pragn Khanna Principal of the College. She lauded the efforts of the organisers in planning and executing the programme every week from the month of June 2022 onwards. The resource person for the lecture Mr. Rupesh Kashinath Gawas hailed from Goa is a lecturer in vocal music at Faculty of Indian Music and Dance at Kala Academy Goa. He has received many titles and awards including the Ustad Bismillah Khan Yuva Puraskar by the Sangeet Natak Akademi, an autonomous body of Ministry of Culture, Government of India. He elaborated about the culture and tradition of Goa. He also described the tradition of music in Goa from the past. With a power point presentation he discussed various topics of relevance as well as recordings of Klapramanna Parvatkar, Ganapatrasini Moghai Karikar, Anjanabai Malpekar, Kesabai Karikar, Master Damodar Mangeshkar Shrivastav and Keshri Anantkar the musicians from Goa. Earlier, the programme began with the formal welcome address by Dr. Bharat Bhushan Hood, Department of Music. Dr. Bharat also extended the project of completion of all the proceedings and articles from all the lectures into a book form. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large. The project is encouraged and supported by the worthy Principal of the college Prof. (Dr) Pragn Khanna, Principal of the college.

## A PROGRAM TO COMMEMORATE THE 'POSHAN MAAH 2022'

GLDM GDC HIRANAGAR organised a program to commemorate the 'Poshan Maah 2022' to encourage awareness about Food and Nutrition, healthy eating practices, balanced diet, general immunity development.

The Chief Guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicine, GMC Jammu, Dr. Pooja Gupta, Principal, BKPJM, Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.



## A WEBINAR ON HOW TO DEVELOP LONG TERM IMMUNITY AND HEALTHY METABOLISM

A webinar on How to develop long term immunity and healthy metabolism was organised by the Global Helping Hand (Regd) under mission Aarogya ka Abhishek in collaboration with GLDM Govt. Degree College Hiranagar. The chief guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation

Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM, Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.

## GDC Hiranagar, Global Helping Hand organises webinar on 'How to develop long term immunity and healthy metabolism'

■ JL NEWS SERVICE

**KATHUA, Sep 13:** A webinar on 'How to develop long term immunity and healthy metabolism' was organised by GLDM Govt. Degree College Hiranagar in collaboration with the Global Helping Hand (Regd) under mission Aarogya ka Abhishek. The chief guest of the programme was K.K. Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harba-ksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM, Baraut & Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi. All the speakers focussed on the theme through different presentations. The role of sports, yoga, ayurveda and other systems were discussed in detail. Everyone everywhere has to address to the idea of development of immunity as it is the primary source of defence of an individual. Different types of immunities were also discussed. Active immunity, passive immunity,



herd immunity and other types of immunities were discussed in detail. Active immunity is a type of immunity that is created by our own immune system when we come in contact with a harmful pathogen. The active immunity acts as a quick response to outside invader. Passive immunity is a type of immunity that is achieved by something other than one's own immune system. Active immunity is long lasting while passive immunity is short-lived as the antibodies in this type of immunity are not continuously replenished, as would occur in an individual whose immune system is responding directly. Dr. Pragma Khanna The Principal Govt. GLDM Degree College Hiranagar also deliberated on the issue and appreciated all the speakers who enlightened the participants with the general understanding as well as specific to the well being of humanity in general. The webinar was attended by staff members, scholars and students.

## GDC Hiranagar organizes webinar on 'how to develop long term immunity and healthy metabolism'

**JAMMU BULLETIN NEWS HIRANAGAR, SEP 13:**

A webinar on 'How to develop long term immunity and healthy metabolism' was organised by GLDM Govt. Degree College Hiranagar in collaboration with the Global Helping Hand (Regd) under mission Aarogya ka Abhishek. The chief guest of the programme was Shri K.K.Sidha, JKAS Relief & Rehabilitation Commissioner (M), UT of Jammu and Kashmir and the Guest of Honour was Dr. Harbaksh Singh, Chief Medical Officer, Jammu. The speakers of the programme were Dr. Arun Kumar Gupta, MO Ayush, Dr. Rajeev Kumar Gupta, Professor & Head Community Medicines, GMC Jammu. Dr. Pooja Gupta, Principal, BKPJM,

Baraut and Ms. Oorvi Gupta, pursuing MBBS from Lady Hardinge Medical College Delhi.

All the speakers focussed on the theme through different presentations. The role of sports, yoga, ayurveda and other systems were discussed in detail. Everyone everywhere has to address to the idea of development of immunity as it is the primary source of defence of an individual. Different types of immunities were also discussed. Active immunity, passive immunity, herd immunity and other types of immunities were discussed in detail. Active immunity is a type of immunity that is created by our own immune system when we come in contact with a harmful pathogen. The active immunity acts as a

quick response to outside invader. Passive immunity is a type of immunity that is achieved by something other than one's own immune system. Active immunity is long lasting while passive immunity is short-lived as the antibodies in this type of immunity are not continuously replenished, as would occur in an individual whose immune system is responding directly. Dr. Pragma Khanna The Principal Govt. GLDM Degree College Hiranagar also deliberated on the issue and appreciated all the speakers who enlightened the participants with the general understanding as well as specific to the well being of humanity in general. The webinar was attended by staff members, scholars and students.

## WEBINAR ON SUICIDE ATTEMPTS HELD BY LITERARY CLUB

Literary club of GLDM GDC Hiranagar organised a webinar on the topic Suicide Attempts a Serious Concern. The programme was presided by Dr. Pragya Khanna Principal of the College. Dr. Abhishek Chauhan Consultant and incharge drug de-addiction centre GMC Jammu was the resource person while Dr. Davinder Kaur, Head Department of Education and Convener Literary Club presented formal welcome address to the resource person. The programme was attended by staff and students of the college.

## Webinar on 'Suicide Attempts: A Serious Concern' held at GLDM GDC Hiranagar

■ STATE TIMES NEWS

**HIRANAGAR:** Literary Club GLDM GDC Hiranagar held a webinar on the topic 'Suicide Attempts: A Serious Concern'. The programme was organized in collaboration with IQAC. The programme was presided over by Dr. Pragya Khanna Principal of the College. Dr. Davinder Kaur, Head Department of Education and Member Secretary IQAC began the programme by presenting a formal welcome address of the resource person Dr. Abhishek Chowhan Consultant, and Incharge De-addiction Centre, GMC Jammu. Dr. Abhishek Chowhan in his address said that suicide is a major concern for entire humanity. He further added that thoughts of suicide could be understood by a number of factors such as Substance Use, Increased or excessive alcohol/drug use, thoughts of Purposelessness, Anxiety, Trapped that is the feeling as though there is no way out, hopelessness withdrawal,

Anger, Recklessness and Mood Changes.

The programme was attended by members of Inner Wheels Members Dr. Santosh Gupta Chairman, Paranjit Kour, President, Gurvinder Kour secretary, staff members and students of the college. Those who attended the programme included Prof. Shujat, Prof. Parveen, Prof. Rajesh Kumar Sharma, Prof. Rakesh Sharma, Prof. Ajay Sharma, Prof. Arun Kumar, Dr. Usha Rani, Dr. Jyoti rani, Prof. Neha Bhagat, Prof. Neeru Anand, Dr. Arun Kumar, Dr. Bharat Bhushan, Prof. Reetika and many more. At the end the formal vote of thanks was presented by Prof. Rakesh Sharma HOD Hindi. The Programme was held under the convener-ship of Prof. Shujat Khan, Head Department of Computer Sciences and coordinator IQAC and under the guidance and patron-ship of Dr. Pragya Khanna Principal of the College.



## 15<sup>TH</sup> ONLINE LECTURE OF MANTHAN

Department of Music in collaboration with Department of Sociology and Department of Physical Education and Sports organized 15<sup>th</sup> online lecture of Manthan on the Folk-Music of Rajasthan. The lecture was attended by the students teachers and music lovers.

### 15th online lecture under the series "Manthan" held in Hiranagar



#### Top News Report

HIRANAGAR, Sep 18: Department of Music Govt. GLDM Degree College Hiranagar organised 15th online lecture under the series named "Manthan".

Manthan is an online lecture series from Jammu and Kashmir to Kanyakumari organised under the aegis of Ek Bharat Shreshtha Bharat and AzadiKaAmritMahotsav @75.

The lecture was on the topic Folk Music of Rajasthan. The Chief Guest of the programme was Prof. (Dr.) Pragya Khanna Principal of the College. She highly appreciated the idea of the series of lectures pertaining to music every week.

The resource person for the lecture Dr. Dushyant Tripathi is a well known scholar,

artist and Head Department of Music, Sanatan Dharma, Government Degree College, Beawar, Rajasthan. He is also a member of Swar Pariksha Samiti of Aakashvani and has published many books and articles in reputed journals.

He described in detail the Folk Music of Rajasthan. He, with a power point presentation, discussed in detail the varieties and variations of the folk music of Rajasthan. He elaborated the culture, varieties of folk music, folk instruments and folk dances of Rajasthan. He and his students also sang a few folk songs in their melodious voices and enthralled the participants of the webinar.

Dr. Bharat Bhushan informed that a book will be released after the compilation of all

the proceedings and articles from all the lectures. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large.

The webinar was attended by the students, teachers and music lovers from across the nation. Many participants discussed and shared their views about the series. At the end of the lecture Dr. Bharat Bhushan, Head, Department of Music of the college presented the formal vote of thanks. The programme was organised together with Department of Sociology and the Department of Physical Education and Sports in consultation and support of Prof. (Dr.) Pragya Khanna, Principal of the college.

## MS. RAWANI JASROTHIA BAGGED FIRST PRIZE IN THE DIVISIONAL LEVEL PAINTING COMPETITION

Ms. Rawani Jasrotia, Student of BA Sem 2, GLDM GDC Hiranagar bagged First prize in the Divisional level Painting/ Art/ Sketching competition held on 28.09.2022 at PSPS, GCW Gandhi Nagar, Jammu. She will further be participating in the State/ UT level competition/ Award ceremony which is to be held in Srinagar.



## MR. DIJVIJAY SINGH SAINI, WON SILVER MEDAL IN SHOOTING CHAMPIONSHIP

Mr. Dijvijay Singh Saini, student of sem I won silver medal in 11th Jammu Kashmir UT level Shooting Championship under 10mtr Pistol (NR) event in youth category held at J&K police GO' Mess Gulshan Ground on 27th September 2022. Mr. Dilbag Singh, DGP J&K police was the Chief Guest on the occasion who distributed the certificates and medals to the winners in presence of Mr. Mukesh Singh, ADGP Jammu.

Dr. Pragya Khanna, Principal of the College congratulated Dijvijay for his achievement at the UT level and wish him good luck for the upcoming National and UT level championships.



## A VIRTUAL SESSION ON MENSTRUAL HEALTH AND HYGIENE

Vidya R Research Associate at Global Hunt Foundation featured in the virtual session on Menstrual Health and Hygiene organized by the college in Collaboration with Unicharm India. The lecture focused on the knowledge dissemination on the important biological aspect of women. Audience of the seminar especially girl students were made aware towards the hygiene related with the process of menstruation. The session was attended by students and staff members of the college.

### GLDM Degree College Hiranagar organises virtual session on "Menstrual Health and Hygiene"

Top News Report

HIRANAGAR, Sep 21: GLDM Degree College, Hiranagar organised a special virtual session on "Menstrual Health and Hygiene".

Research Associate, Vidya R of Global Hunt Foundation, Bangalore in collaboration with their client Unicharm India conducted a virtual session for girl students.

Unicharm India has conducted menstrual hygiene training for girls in various schools/colleges across India, under the CSR initiatives of the company.

Kiran Thapa (Asst. Prof.) welcomed the members of Global Hunt Foundation and the speaker Nitya Choudhary, CSR Executive Unicharm India.

A session on 'Menstrual Health and Hygiene' was very informative for the girls which gave them a comprehensive understanding on the what, why and how of menstruation. It consisted of the meaning of menstruation, developing biological understanding, related social taboos and awareness regarding hygiene practices to be maintained during menstruation.

At the end of the session all the queries of the students were satisfied by Nitya Choudhary. Vote of Thanks was given by Dr. Anju Rani.

The whole programme was presided over by Dr. Pragya Khanna, Principal



of the college she also appreciated the efforts of Prof. Kiran Thapa (Coordinator) and Dr. Anju Rani (co-coordinator) for organizing the programme in an effective way.

Dr. Jyoti Rani, Prof. Neha, Prof. Ritika, Dr. Neeru, Reetu (Librarian), other faculty members and girls of GLDM Degree College were present in the session.

## THE NSS UNIT OF THE COLLEGE VISITED ADOPTED SCHOOL PATHWAL

The NSS unit of the College under the supervision of Prof. Rakesh Sharma, Programme Officer National Service Scheme (NSS) visited the adopted village; Pathwal to commemorate Nasha Mukta Bharat Abhiyan and Posh Mah. Students of the college participated in the event and highlighted the importance of healthy diet and ill effects of drugs upon the society.

criteria of their study classroom of the college. the best in the students of

### GLDM Degree College Hiranagar visits adopted Middle School Pathwal

STATE TIMES NEWS

HIRANAGAR: The NSS Unit of Govt. GLDM Degree College, Hiranagar visited adopted middle school, village Pathwal under the patronage of worthy Principal Dr. Pragya Khanna. Before leaving for the adopted village school a NSS Pledge taken ceremony was held in the college premises and then the visit was flagged off by the worthy principal and senior faculty Prof. Gurdayal along with NSS Program officer, Prof. Rakesh Sharma. The main aim of the visit was to commemorate "Nasha Mukta Bharat Abhiyan" and

"Poshan Mah". On this occasion an awareness program was organized in the adopted school in which four NSS Volunteers namely - Reema Sharma, Komal Sharma, Mani Sharma and Bhag Hussain presented their views on the theme "ILL effects of drugs". The volunteers also highlighted the importance of healthy diet and lifestyle. In addition to this NSS volunteers also interacted with the students of the adopted school and exchanged their views on various current issues related to the theme. The Head master of the school Sat Paul Gupta

welcomed the NSS Unit of the college for visiting the school and organizing such kind of awareness programs so many times. He also appreciated the principal of the college for making liaison with the school through NSS Unit. The proceeding of the program was conducted by Prof. Rakesh Sharma NSS Program officer. Other NSS Team members who accompanied the NSS volunteers were Prof. Manjot Singh, Dr. Chinley Sangral, Dr. Usha Rani and Dr. Preeti Verma. The formal vote of thanks was presented by Dr. Chinley Sangral.



17<sup>TH</sup> ONLINE LECTURE OF MANTHAN

**17th online lecture under the series “Manthan”**



**Top News Report**

**HIRANAGAR, Oct 2:** Department of Music, Girdhari Lal Dogra Memorial Govt. Degree College Hiranagar organised 17th online lecture under the series named “Manthan”.

Manthan is an online lecture series from Jammu and Kashmir to Kanyakumari organised under the aegis of Ek Bharat Shreshtha Bharat and AzadiKaAmritMahotsav @75.

The lecture was on the topic Riyaz, Taleem and opportunities in Hindustani Music. The Chief

National Academy of Music, Dance and Drama New Delhi.

She in her lecture described in detail the techniques of Riyaz, Taleem and opportunities in Hindustani Classical Music. She elaborated the taleem in Guru Shishya Parampara and also said that the guru shishya parampara is missing gradually day by day. She also advocated that Guru Shishya Parampara system of taleem is an important for institution for learning and practicing music as learning .Music is a rigorous exercise which could be learnt only in the company of an enlightened master, she added.

She also described the area and opportunities in Hindustani Classical Music at the end of her lecture.

The welcome address was presented by Dr. Bharat Bhushan Head, Department of Music. He also informed that a book will be released after the compilation of all the proceedings and articles from all the lectures. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large.

The webinar was attended by the students, teachers and music lovers from across the nation. Many participants discussed and shared their views

about the series. Those who attended the lecture were Prof.Renu Sehgal from GCW Gandhi Nagar College, Prof. SwarVandana Sharma from Varanasi, Dr.Surendra Kumar Sikkim University, Dr. Sanjay Kalotra and Prof. Yash Kumar from GCW Udhampur College, Dr.Nishtha Sharma from Govt. MAM College, Jammu, Prof. Sujat Khan, Dr. Rajesh Sharma, Dr. Davinder Kour, Prof.Manjot Singh, Prof. Neha Bhagat, Prof. Kiran Thapa, Dr.Usha Rani, Dr. Jyoti Rani, Dr.Arun Kumar, Mr. VikramJamwal and Dr.Mukesh Kumar from Govt. GLDM Degree College, Hiranagar.

At the end of the lecture Prof. Rakesh Sharma, Head, Department of Hindi and Senior Professor of the college also shared his ideas and said that the series of Manthan has modified his notions on music. He congratulated Dr. Bharat Bhushan and the organising team of Manthan for the wonderful online lecture series. Prof. Rakesh also presented the formal vote of thanks to the guest, audience and the organising team.

The programme was organised together with the Department of Sociology and the Department of Physical Education and Sports in consultation and support of Dr.Pragya Khanna, Principal of the college.

NSS UNIT “CHESHTA” OF GOVT. GLDM DEGREE COLLEGE, HIRANAGAR ORGAINSED SEMINAR ON THE TEACHINGS OF MK GANDHI UNDER CLEAN INDIA 2.0 CAMPAIGN

thing with the opening of... means for the safety of devotees... MINISTER JAMUN CHAND WITH THE FACILITIES AFTER ARRO- FOR... AND

**Govt. GLDM Degree College Hiranagar organises Seminar on Clean India 2.0 Campaign**

**STATE TIMES NEWS**

**HIRANAGAR:** To commemorate the Gandhi Jayanti, NSS Unit of Govt. GLDM Degree College, Hiranagar organised a seminar on the day two under Clean India 2.0 campaign under the patronage of Principal Dr. Pragya Khanna. Today NSS Unit organized a seminar on the theme 'Three Wise Monkeys', embodying the proverbial principle "see no evil, hear no evil, speak no evil". The program was started with the welcome address by Prof. Rakesh Sharma, NSS Program Officer where he highlighted the teaching of Mahatma Gandhi in detail. NSS volunteers who presented their views on the theme were Riya Sharma, Vivek Sharma,



*Faculty along with students during the event.*

Simran and Monika. Prof. Sujat Khan, IQAC Coordinator in his presidential address appealed the volunteers to follow the Gandhian thoughts in their day to day life. In addition to this, NSS volunteers showcased their art skills by displaying the things related to Gandhi ji's life like Charkha, eye glasses, sandals, sacred thread Janau, lathi etc. The proceedings of the event were carried out by senior NSS volunteer, Komal Sharma. The formal vote of thanks was presented by Dr.Arju Rani. Other NSS Committee members who witnessed the event were Prof. Kiran Thapa, Prof. Manjot Singh, Dr. Arun Kumar, Prof. Reetika and Mrs. Reetu Bhushan, Chief Librarian. The whole program was conducted under the supervision of NSS Program Officer, Prof. Rakesh Sharma.

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## NSS UNIT "CHESHTA" OF GOVT. GLDM DEGREE COLLEGE, HIRANAGAR VISITED THE HISTORICAL FORT, JASMERGARH, HIRANAGAR UNDER THE CLEAN INDIA 2.0 CAMPAIGN



## 18<sup>TH</sup> ONLINE LECTURE OF MANTHAN

A distinguished scholar from Assam in Northeast India, Prof. Pradip Jyoti Mahanta is widely known for his extensive range of academic interests – Cultural History of Assam and its neighbouring areas, Ancient Assamese literature, the epic and Bhakti traditions, in particular, Sankaradeva Studies with special reference to the artistic expressions born of this epoch-making Bhakti Movement in Assam. Beginning his professional career in All India Radio as a senior executive, he shifted to teaching and research. He taught English and Assamese literature at DK College, Mirza and Gauhati University, and Cultural Studies at Tezpur University. Currently, he is associated with Royal Global university Guwahati as a Professor at, Royal School of Languages. An acclaimed cultural activist, Dr Mahanta is also associated with a number of institutions of the state and the country. He was an earlier General Council member of national bodies like EZCC, NEZCC, Sahitya Akademi and at present holds membership of General Council Sangeet Natak Akademi, the national academy of performing arts in India. An author and editor in English and Assamese, he has a good volume of research publications in various journals and anthologies. Some of his authored publications include – the Sankaradeva Movement: Its Cultural Horizons (2007), Sankardevar Shilpalok (2007), Vaishnavite Music of Assam: Its Institutionalization and Performative Context (Ed, 2016), Cultural Studies: Perspectives from North East India (Ed with Debarshi Prasad Nath, 2016, Asamar Bhakti Sangeet: Parampara aru Parivarshan (Ed. Assamese, 2018), Sankardevar Shilpalok: Nandanikata and Samaj Darshita (2020).

**DEPARTMENT OF MUSIC**

**GOVERNMENT GLDM DEGREE COLLEGE  
HIRANAGAR  
(Jammu & Kashmir)**

ORGANIZES

**मंथन** **NORTHEAST ZONE**

(An online lecture series from Jammu & Kashmir to Kanyakumari)  
Under the aegis of EK BHARAT SHRESHTHA BHARAT

**Topic— The Sattriya Tradition: A Composite Matrix of Art and Rituality**



**Resource Person : Prof. (Dr.) Pradip Jyoti Mahanta, Assam**  
Professor at Royal School of Languages  
Royal Global University, Guwahati  
08 October 2022 from 12:30 pm onward



**PATRON**  
**DR. PRAGYA KHANNA**  
Principal  
GLDM DEGREE COLLEGE,  
HIRANAGAR

**ORGANIZING TEAM**

Dr. Bharat Bhushan, HOD (Music)  
Dr. Mukesh Kumar  
Mr. Vikram Singh  
Dr. Arun Kumar

**MANTHAN**  
Saturday, October 08, 2022 @ 12:30pm  
Google Meet joining info  
Video call link: <https://meet.google.com/eez-hvhw-zgff>

### 18th online lecture under "Manthan" held at GLDM Degree College Hiranagar

**GJ REPORT**  
HIRANAGAR, Oct 9: Department of Music Govt. GLDM Degree College Hiranagar organised 18th online lecture under the series named "Manthan". Manthan is an online lecture series from Jammu and Kashmir to Kanyakumari organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka Amrit Mahotsav @75. The lecture was on the topic The Sattriya Tradition: A Composite Matrix of Art and Rituality. The Chief Guest of the programme was Prof. (Dr.) Pragya Khanna Principal of the College. She highly appreciated the idea of the series of lectures pertaining to music every week.

The resource person for the lecture Prof. (Dr.) Pradip Jyoti Mahanta hailed from Guwahati, Assam is a senior professor, well known scholar, artist and presently working at Royal School of Languages, Royal Global University, Guwahati. He was the former Principal of the College, North East Zone Cultural Centre, Sahitya Kala Akademi and Sangeet Natak Akademi.

He in his lecture described in detail about the Sattriya Tradition of Assam. He described in detail about the culture and Sattriya tradition of Assam and he also described the contribution of Mahapurush Srimanta Sankardev in the North East. He also elaborated the present status of Sattriya in Assam. During the lecture Prof. Krishna Kanta Sharma from Banaras Hindu University also described the Sattriya Tradition and he also shared the

information of Sattriya in Nitya Shastra.

The welcome address was presented by Dr. Bharat Bhushan Head, Department of Music. He also said that after the compilation of the project all the proceedings and articles from all the lectures will be published into a book form. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by the worthy Principal of the college Prof. (Dr.) Pragya Khanna.

The webinar was attended by the students, teachers and music lovers from across the nation. Many participants discussed and shared their views about the series.

Those who attended the lecture were Prof. Romila Gulera from GDC, Kullua, Dr. Sivar Vandana Sharma & Prof. Krishna Kanta Sharma from Varanasi, Raju Das (Deputy Secretary- Sangeet Natak Akademi, New Delhi, Prof. Lawanya Kirti from Bihar, Dr. Surendra Kumar Sikkim University, Prof. Lokesh Joshi from Punjab, Dr. Sanjay Kalotra and Prof. Yash Kumar from GCW, Udhampur College, Dr. Nishita Sharma from Govt. MAM College, Jammu, Prof. Sujat Khan, Dr. Rajesh Sharma, Dr. Davinder Kour, Prof. Manoj Singh, Prof. Neha Bhagat, Dr. Usha Rani, Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Vikram Jaiswal and Dr. Mukesh Kumar from Govt. GLDM Degree College, Hiranagar.

# GLDM DEGREE COLLEGE ORAGNISES OPEN CAMPUS PLACEMENT DRIVE IN COLLABORATION WITH NIIT-IFBI FOR THE RELATIONSHIP MANAGER IN ICICI BANK

**Govt GLDM College holds placement drive**

**EARLY TIMES REPORT**

Hiranagar, Oct 15: Career counselling cell and Placement cell of Govt. GLDM Degree Degree College Hiranagar in collaboration with NIIT-IFBI conducted placement / selection drive for the relationship manager in ICICI bank with the Salary of 2.45 to 3.1 Lac per annum, here today in the college Campus. In the beginning of the drive, Dr Davinder kour Convener of Career Counselling cell welcomed the gathering and gave a short brief about the programme. Then Rahul Sharma, Head NIIT spoke about the need for training to join a bank and interacted with the students and spoke about the changing skillets of bank employee. Dr Pragya Khanna Principal of the college lauded the efforts of the committee and thanked the team from NIIT-IFBI for conducting this Placement Drive in the College to provide students with the recruitment opportunities. Approximately 32 pass out and final year students of the college participated in the drive, where in as many as 16 students were short-listed for the preliminary round. The shortlisted students will be tested at different levels before being absorbed as Relationship managers by ICICI Bank. Prof. Ritika member of the committee, Rahul Sharma, Head NIIT, Shakun Sharma Manager, NIIT and Diksha Thakur, Coordinator were also present. Vote of thanks was proposed by Prof. Kiran Thapa.

Students, staff pose for group photograph.

**Girdari Lal Dogra Memorial Degree College, Hiranagar**

**OPEN CAMPUS DRIVE**

For **NIIT** **ICICI Bank**

For Graduation Completed and Final Year Students

On Saturday, 15<sup>th</sup> October, 2022 at 11:00 AM

Eligibility Criteria	Selection Process
# Graduate in any Discipline MBA not eligible / No Correspondence/Distance Education # DOB – Born on/after 1/4/1997 # Age limit: Below 26 years at the time of joining Program # Min. 50% in X, XII and Graduation # Work Experience – 0 to 2 years	Applicants will have to clear the following process: A. English Test B. ICICI Bank Profiler Test C. On clearing the above Test, applicants will be eligible to undergo the interview process. D. Aptitude Test <ul style="list-style-type: none"> <li>• Verbal comprehension</li> <li>• Numerical comprehension &amp; ability</li> <li>• Series completion</li> <li>• Basic checkup</li> </ul>

**FOR SCREENING INTERVIEW on 15<sup>th</sup> October**  
**PLS BRING YOUR RESUME & ALL ACADEMIC DOCUMENTS (10<sup>th</sup>, 12<sup>th</sup> & ALL COLLEGE MARKSHEETS)**

**For Further Details about Placement Drive**  
**NIIT IFBI 9419184006 / 9906012344**

# NSS UNIT ‘CHESHTA’ OF GLDM GDC HIRANAGAR VISITED THE HISTORICAL PLACE- DEV STHAAN JANDI ,HIRANAGAR UNDER CLEAN INDIA 2.0 CAMPAIGN

A Total number of 43 NSS Volunteers visited the place and carried out a cleanliness drive with great zeal and enthusiasm. During this visit the volunteers cleaned the bowalies and surroundings of all the temples. After the cleanliness the collected garbage was disposed off in a small compost pit. In addition to this, the volunteers also expressed their views on Clean India Campaign and a small cultural program was also presented there.

Dr. Jyoti Rani, and Prof. Kiran Thapa who accompanied the volunteers, motivated them to make cleanliness a part of their life as emphasized by, the father of the nation, Mahatma Gandhi . The whole event was organized and conducted under the supervision of Prof. Rakesh Sharma, NSS Program Officer



## NSS UNIT 'CHESHTA' GOVT. GLDM DEGREE COLLEGE, HIRANAGAR IN COLLABORATION WITH REGIONAL TRANSPORT OFFICE, KATHUA ORGANIZED AN AWARENESS PROGRAM ON ROAD SAFETY.

Today an awareness programme on road safety norms was conducted by Regional Transport Office, Kathua in collaboration with NSS unit at Govt. GLDM Degree College, Hiranagar. The event was organized under the patronage of worthy principal, Dr. Pragya Khanna. The program started with the welcome address by Prof. Rakesh Sharma, NSS, Program Officer. MVD Inspector Surinder Kumar was the resource person of the occasion. Speaking on the occasion, the resource person briefed the students about the traffic rules one needs to follow while driving. He informed the audience about the standard operating procedures that require to be followed while driving or moving on the roads. He stressed upon the norms people need to follow while driving.



## MEHANDI COMPETITION ORGANISED AT GOVT. G.L.D.M DEGREE COLLEGE, HIRANAGAR

The Cultural Committee of Govt. G.L.D.M Degree College, Hiranagar organised Mehendi competition on the eve of Karwa Chauth in collaboration with IQAC. The programme was conducted under the patronship of Dr. Pragya Khanna, Principal of the college. Students of the various semesters of the college participated in the competition and created beautiful mehendi designs on various themes. Jury members were Prof.



Rakesh Sharma, Dr. Manjot Singh and Dr. Arun Kumar. First prize was shared by Anamika of Ist Sem and Rawani of IInd sem. Second prize was shared by Pajal of Ist Sem and Simran of IVth Sem. Sanjana of IVth Sem and Mansi of Ist Sem shared the third prize. Consolation prizes were given to Kajal Devi of 2nd Sem and Arti Devi of Ist sem. Certificates of participation were given to all the participants. The whole programme was coordinated by Dr. Davinder Kour, Convenor Cultural Committee.

19<sup>TH</sup> ONLINE LECTURE OF MANTHAN

**DEPARTMENT OF MUSIC**  
**GOVERNMENT GLDM DEGREE COLLEGE**  
**HIRANAGAR**  
 (Jammu & Kashmir)

ORGANIZES

**मंथन** **NORTHEAST ZONE**

(An online lecture series from Jammu & Kashmir to Kanyakumari)  
*Under the aegis of EK BHARAT SHRESHTHA BHARAT*

विषय : अरुणाचल प्रदेश का लोक संगीत



Resource Person : Prof. Ashok Barman  
 Assistant Professor, Department of Music & Fine Arts  
 Rajiv Gandhi University, Arunachal Pradesh  
 15 October 2022 from 12:30 pm onward



**ORGANIZING TEAM**  
 Dr. Bharat Bhushan, HOD (Music)  
 Dr. Mukesh Kumar  
 Mr. Vikram Singh  
 Dr. Arun Kumar

**PATRON**  
 DR. PRAGYA KHANNA  
 PRINCIPAL  
 GLDM DEGREE COLLEGE,  
 HIRANAGAR

**MANTHAN**  
 Saturday, October 15 : 12:30 - 1:30pm  
 Google Meet joining info  
 Video call link: <https://meet.google.com/gvn-yxj-jpe>

19th online lecture under the series "Manthan"

## Prof. Ashok of Arunachal Pradesh delivers Lecture at GLDM GDC Hiranagar

## Top News Report

HIRANAGAR, Oct 15: Department of Music Girdhari Lal Dogra Memorial Govt. Degree College Hiranagar organised 19th online lecture series of Manthan, Manthan is an online lecture series on the subject of music spanning from Jammu and Kashmir to Kanyakumari. The lecture series was started in the month of June 2022 and is held every Saturday of every week. The lectures are organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka Amrit Mahotsav @75. The topic of today's lecture was Folk-Music of Arunachal Pradesh.

The resource person for the lecture was Prof. Ashok Barman and the position of the Chief Guest was occupied by Dr. Pragya Khanna, the Principal of the College. Dr. Pragya Khanna in her address highly appreciated the idea of the series of lectures pertaining to the subject of music every week.

The resource person for the lecture Prof. Ashok Barman is a well known musician and a scholar of music from Rajiv Gandhi University, Arunachal Pradesh.



He has presented many papers in a number of seminars and conferences in India. He has also contributed to the field of music with a number of books. The resource person described in detail the tradition of folk-music in eastern India. Folk music everywhere is an integral part of the culture and civilization of people.

Folk-music basically deals with the structure and function of society in a latent manner. Two of his students also participated and presented some folk-songs which were sung at different occasions during the course of the lecture.

The series is well received among the music lovers of the nation. Prof. Lawanya Kirti from Bihar who had participated in

the lecture talked highly about the music lovers of the nation.

The programme began with a welcome address presented by Dr. Bharat Bhushan Head, Department of Music of the college. He also said that after the completion of all the proceedings and articles from all the lectures will be published. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by the worthy Principal of the college Dr. Pragya Khanna.

The webinar was attended by the students, teachers and

music lovers from across the nation. Many participants discussed and shared their views about the series. Those who attended the lecture were Prof. Romila Guleria from GDC, Kathua, Dr. Swar Vandana Shrama & Prof. Krishan Kanta Sharma from Varanasi, Prof. Lawanya Kirti from Bihar, Dr. Surendra Kumar Sikkim University, Prof. Lokesh Joshi from Punjab, Dr. Sanjay Kalotra and Prof. Yash Kumar from GCW Udhampur College, Dr. Nishtha Sharma from Govt. MAM College, Jammu, Prof. Sujat Khan, Dr. Rajesh Sharma, Dr. Davinder Kour, Prof. Manjot Singh, Prof. Neha Bhagat, Dr. Usha Rani, Dr. Jyoti Rani, Dr. Arun Kumar, Mr. Vikram Jammwal and Dr. Mukesh Kumar from Govt. GLDM Degree College, Hiranagar.

At the end of the lecture Dr. Bharat Bhushan, Head, Department of Music of the college presented the formal vote of thanks. The programme was organised together with Department of Sociology and the Department of Physical Education and Sports in consultation and support of Dr. Pragya Khanna, Principal of the college.

20<sup>TH</sup> ONLINE LECTURE OF MANTHAN

**DEPARTMENT OF MUSIC**  
**GOVERNMENT GLDM DEGREE COLLEGE**  
**HIRANAGAR**  
 (Jammu & Kashmir)

ORGANIZES

**मंथन** **NORTHEAST ZONE**

(An online lecture series from Jammu & Kashmir to Kanyakumari)  
*Under the aegis of EK BHARAT SHRESHTHA BHARAT*

Topic : Phawar– Melodious Chanting Verses on Every Cultural Aspects of Khasi Culture



Resource Person : Raphael Warjri  
 Chairman, Riti Academy of Visual Arts, Meghalaya  
 (Artist, Filmmaker, Playwright & Author)  
 22 October 2022 from 12:30 pm onward



**ORGANIZING TEAM**  
 Dr. Bharat Bhushan, HOD (Music)  
 Dr. Mukesh Kumar  
 Mr. Vikram Singh  
 Dr. Arun Kumar

**PATRON**  
 DR. PRAGYA KHANNA  
 PRINCIPAL  
 GLDM DEGREE COLLEGE,  
 HIRANAGAR

**MANTHAN**  
 Saturday, October 22 : 12:30 - 1:30pm  
 Google Meet joining info  
 Video call link: <https://meet.google.com/afy-dfz-mcg>

# GLDM GDC HIRANAGAR- A GALA FAREWELL PARTY ORGANISED FOR THE OUTGOING STUDENTS!!

SPORTS earlyTIMES

## Juniors bid farewell to seniors at GLDM Degree College Hiranagar

EARLY TIMES REPORT

HIRANAGAR, Oct 30 Students of 4th Semester bid farewell to 6th Semester students at Govt GLDM Degree College Hiranagar on Saturday.

Ritika Trehan, Owner Looke Salon, Riz Manzor Hotel Chahal and BIP Mahila Morcha JAK Spokesperson Ritika Trehan graced the occasion as the Chief Guest.

The farewell program was organised under the patronage of Dr Pragna Khanna, Principal of the College. Dr. Davinder Kour, Dean Students Welfare and the Member Secretary of IQAC, presented the formal welcome address and coordinated the program.

Duty members Dr Davinder Kour, Prof Arun Kumar, Dr Jyoti Rani, Dr Sakshideep Singh, Dr Chitky Sangral and Prof Ritika addressed the performances of the students during the event.

Ramandeep was adjudged Mr. Farewell among the boys and Priya as Miss Farewell among the girls.

Prominent among those who were part of the event included Prof Neha Bhagat and all the faculty members.



A view of farewell party at Hiranagar

Junior students presented various performances during the farewell event. The juniors created an ambience of enjoyment and music for the seniors to enjoy their last memories in the college.

Further, the event was made memorable with the flashback memories that were shared by some seniors in the speech. Speaking on the occasion, Ritika wished outgoing students bright future ahead and said that a good student can do nothing without a good teacher, and a teacher feels bad luck when they do not get a good student.

"It is the teacher's responsibility that they have to bring a student on the right track. However, it is also the responsibility of a student to follow their teacher's orders to be in the right way. They need to support each other in school equally."

She emphasized that students should always be very disciplined, well-mannered, punctual, and responsive.



## 21<sup>TH</sup> ONLINE LECTURE OF MANTHAN

### Manoj Rai of Sikkim featured in 21st online lecture of Manthan organised by GLDM GDC Hiranagar

21st online lecture under the series "Manthan"

NEWSPOINT BUREAU

Jammu Tawi, October 29

Department of Music Govt. GLDM Degree College Hiranagar organised 21st online lecture under the series named "Manthan". Manthan is an online lecture series from Jammu and Kashmir organised under the aegis of Ek Bharat Shreshtha Bharat and Azadi Ka AmritMahotsav @75. The lecture was on the topic Folk Music of Sikkim. The Chief Guest of the programme was Prof. (Dr.) Pragna Khanna Principal of the College.

She highly appreciated the idea of the series of lectures pertaining to music every week. The resource person for the lecture Shri Manoj Rai hailed from Sikkim is an artist and founder of Reeyaz Sangeetalya. He has performed in many prestigious festivals of India. He in his lecture described in detail about the folk music of Sikkim. He also described in detail about the different communities of Sikkim and their Tradition and culture. He also talked on the influence of Nepali and western culture on Sikkim. The welcome address was presented

by Dr. Bharat Bhushan Head, Department of Music. He also said that after the compilation of the project all the proceedings and articles from all the lectures will be published into a book form. The work and initiative would be a contribution to the knowledge and literature in the field of music which would further strengthen the institution at large. The project is encouraged and inspired by the worthy Principal of the college Prof. (Dr.) Pragna Khanna. The webinar was attended by the students, teachers and music lovers from across the nation.

Many participants discussed and shared their views about the series. Those who attended the lecture were Prof. Romila Guleria from GDC, Kathua, Dr. Swar Vandana Sharama & Prof. Krishan Kanta Sharma from Varanasi, ShriRaju Das ( Deputy Secretary- Sangeet Natak Akademi, New Delhi, Prof. LawanyaKirti from Bihar, Dr. Surendra Kumar Sikkim University, Prof Lokesh Joshi from Punjab, Dr. Sanjay Kalotra and Prof. Yash Kumar from GCW Udhampur College, Dr. Nishtha Sharma from Govt. MAM College, Jammu, Prof.

Sojat Khan, Dr. Rajesh Sharma, Dr. Davinder Kour, Prof. Manjot Singh, Prof. Neha Bhagat, Dr Usha Rani, Dr JyotiRani, Dr. Arun Kumar, Mr. VikramJammwal and Dr. Mukesh Kumar from Govt. GLDM Degree College, Hiranagar. At the end of the lecture Dr. Bharat Bhushan, Head, Department of Music of the college presented the formal vote of thanks. The programme was organised together with Department of Sociology and the Department of Physical Education and Sports in consultation and support of Prof. (Dr.) PragnaKhanna, Principal of the college.

**TRAINING OUTREACH PROGRAMME ORGANISED BY  
DEPARTMENT OF STUDENT WELFARE, JU HELD AT GLDM  
GDC HIRANAGAR**



*GDC Hiranagar students who participated in training outreach programme by JU.*

## **JU imparts theatre & dance training to GDC Hiranagar students**

*Excelsior Correspondent*

JAMMU, Oct 23: After GCW Udhampur, Department of Students Welfare in University of Jammu conducted another training programme at GLDM, GDC Hiranagar wherein around 65 students from five colleges were imparted training in Theatre and Dance for four days.

'Training Outreach Programme', is a new initiative by the JU Department of Students Welfare with the aim to provide unprecedented training opportunities in performing arts and fine arts to the students of colleges located outside Jammu.

Prof Prakash Antahal (Dean Students Welfare) said that this new initiative would extend the benefit of professional training/orientation to maximum students.

Dr Garima Gupta, Assistant Dean Students Welfare and Dr Pragya Khanna, Principal of GDC Hiranagar also spoke in the

valedictory function, which was attended by Dr Bharat Bhushan, HoD Music; Dr Mukesh Kumar, Vikram Singh, Dr Arun Kumar, Prof Rakesh Sharma and others.

The JU outreach programme is being coordinated by Sumeet Sharma (Drama Instructor, SW) who was also the resource person for the theatre workshop. Sunny Mujju, an expert dancer/choreographer, looked after the dance classes.

The events of DSW are conceived, planned and organised by the team consisting of Prof Prakash Antahal, Prof Vishav Raksha (Chairperson, Campus Cultural Committee), Prof Sanjana Kaul (Co-Chairperson, Campus Cultural Committee), Dr Anil Gupta (Associate Dean SW), Dr Garima Gupta and Dr Pritam Singh (Assistant Deans, SW), Dr A R Manhas & Dr Shallu Sharma (Deputy Proctors), members of Campus Cultural Committee, Mansi Mantoo and Sumeet Sharma.

**EXCELLENCE HAS THE EFFECT OF MAGIC JUST A FEW SOFT  
STROKES**

**AND**

**FADING CANVAS TURNING INTO SHEER BRILLIANCE**

